



# GIRLS' TALK

Wednesdays or Thursdays | 4-6pm

A *FREE* mentorship program providing girls (ages 9-13) with opportunities to be creative, have fun, and connect with other girls!

In this program, you will:

- learn about self-confidence and empowerment
- develop new skills and knowledge
- navigate the challenges of adolescence
- reduce social isolation
- learn to make smart decisions

ALL PROGRAMS ARE  
**FREE**  
SNACKS & TTC FARE PROVIDED

For more information or to register,  
contact the **Girls' Centre** at **416.266.1232**.



A TURNING POINT  
FOR WOMEN



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